# INTERESTED IN VOLUNTEERING AT THE O FARM?

You may be wondering what to expect at a work day and how to prepare! Here are some FAQs. Please email <a href="mailto:mobride@dartmouth.edu">molly.c.mcbride@dartmouth.edu</a> with further questions.



## How do I sign up for a Farm Club workday?

Please join our Farm Club <u>Group Me</u> to find out when work days and other events are happening at the farm. Farm Club leaders will message out to the Group Me with sign-ups for upcoming trips to the farm. If you have to cancel, please text the Group Me to let other interested students know a spot has opened up.

## How do I get to the O Farm for a workday?

Farm Club is offering 3 different kinds of workdays, so choose whichever suits your preference and your schedule: bike workdays, Advance Transit (AT) workdays, and van workdays. Please be prompt, so we can maximize everyone's time at the farm!

#### Bike

The Farm Club has a fleet of bikes reserved particularly for this purpose! Farm Club will provide a bike and helmet for you (but if you have your own, you are welcome to use that instead).

You will meet outside the <u>Bikes Shop</u> in front of Fahey-McLane at the designated time. Please be on time, as getting everyone fitted properly on their bikes takes a few extra minutes.

You will ride out to the farm with a trained bike leader. The ride is approximately 3 miles each way and does include some rolling hills as well as one large hill (which we walk up). We'll be biking as slow as needed for everyone's comfort!

#### Advance Transit

Your group will meet at the bus stop in front of the Hanover Inn at the designated time. Don't be late, or you will miss the bus! You will take the Advance Transit bus together to the Kendal stop, which is the closest stop to the farm. From there, you will walk as a group the remaining ~1 mile to the farm (and do the same trip in reverse to get back to campus).

#### Van

The farm has a van we can use to transport students to the farm. You will meet behind Robinson Hall at the designated time.

#### What is a work day like?

The workdays will take place in 2-hour sessions (this means about 1-1.5 hours actually at the farm, depending on your mode of transport), which will include the time it takes to get to and from the farm. Once you get to the farm, you'll meet staff members who run operations at the O Farm. They will show you around and lead you in some beginner-friendly farm work! You might be harvesting, weeding, planting, or helping with other projects – the possibilities are endless!

#### What kind of experience do I need?

No former experience or knowledge (with farming, gardening, physical labor, or the outdoors) is necessary! We're just excited that you're excited to spend time with us out here!

For bike workdays, you must be comfortable riding a bike on a well-trafficked road.

## Will I get dirty?

It depends on the weather and what needs to be done that day at the farm, but chances are that you will get a little dirty (most likely your hands, shoes, and knees). We do have work gloves available on site and a hand-washing station.

#### What should I wear?

You should wear comfortable clothing that you won't mind if it gets a little dirty, and comfortable close-toed shoes (sneakers are just fine, you do not need work boots). Please dress accordingly with the season and weather (bring a raincoat if it is rainy,

wear sunscreen and bring a hat if it is sunny, bring layers and gloves if it is chilly or windy, etc.).

## What else should I bring?

You should bring your own water bottle. Feel free to bring a bag or backpack to bring home some veggies in!

## What happens in the case of bad weather?

Weather in New England is unpredictable and often changing! Ultimately, the leader will decide whether or not to host a workday depending on weather conditions/forecast. They will be in contact with you approximately half an hour before the work day if they have to call it. (Note that biking in the rain is not very safe, or fun). If the trip runs and it begins to thunder or lightning, everyone must *immediately* get out of the field.

## What if I don't get on this work day?

Unfortunately, spots are limited, but we're hoping to hold plenty of work days throughout the term to provide plenty of opportunities to come out to the farm! Plus, you are always welcome to come out to the farm independently (biking, running, walking, and taking the Advanced Transit are all great options!).

# Can't wait to see you at the farm!

